



For Families, Parents, and Caregivers



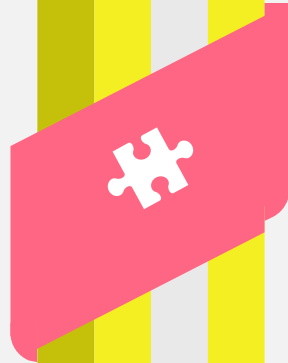
Consider having a home schedule

- What is the day going look like?
- Post it!



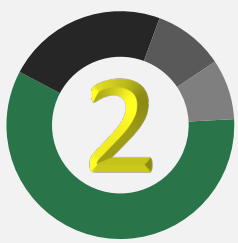
Set Routines

The more consistent your routine is the higher the likelihood your child will display prosocial behavior.



Three Helpful Tips

How to use positive behavior supports at home.




Set Expectations

Use your child's school expectations or create your own

- What's expected
- Where is it expected

3 B's

Be Respectful
Be Responsible
Be Safe






Give Positive Feedback



"Thank you for doing your chores, that's very responsible."

Here are some helpful "Sentence Starters..."**

- "I really appreciate how you..."
- "Look how well you did at..."
- "I really like how you..."

 Teach
  Remind
  Reward






5 to 1 Ratio

Sources of Information

*Center on Positive Behavioral Interventions and Supports, Center for Parent Information & Resources. (March, 2020). Supporting Families with PBIS at Home. University of Oregon. www.pbis.org.

**The Center on the Social and Emotional Foundations for Early Learning. (February, 2010) Vanderbilt University. vanderbilt.edu/csefel

 cgarcia@esc1.net
 956.984.6244
 <https://tinyurl.com/Discipline-Behavior-Services>

Region One ESC